

CLAIMS:

1. A method of archiving data in a computer to a high-density optical backup disc comprising:
  - reading an executable command from a back-up disc;
  - determining data to store to the back-up disc responsive to the command;
  - transferring the data to the backup disc; and
  - identifying the data transferred to the backup disc.
2. The method of claim 1 wherein the backup disc is read after insertion into a compatible disc drive of a computer.
3. The method of claim 2 wherein the backup disc is selected from the group consisting of a DVD-R, a DVD-RW, DVD+RW and a recordable blue-laser DVD.
4. The method of claim 2 wherein determining data to store to the back-up disc comprises selecting data for storing that has not been identified as transferred.
5. The method of claim 4 wherein only media files are selected for storing.
6. The method of claim 5 wherein only video files are selected for storing.
7. The method of claim 2 wherein transferring the data to the backup disc includes writing the data to the backup disc.
8. The method of claim 7 wherein the backup disc is ejected when the disc is filled with the data.
9. The method of claim 8 further comprising prompting a user to insert a data-empty backup disc after the data-filled backup disc is ejected.

10. A computer readable high-density optical back-up disc containing a computer program comprising:
  - computer readable code for determining data to be stored;
  - computer readable code for transferring the data to the back-up disc; and
  - computer readable code for identifying the data transferred to the backup disc.
11. The backup disc of claim 10 wherein the backup disc is read after insertion into a compatible disc drive of a computer.
12. The backup disc of claim 2 wherein the backup disc is selected from the group consisting of a DVD-R, a DVD-RW, DVD+RW and a recordable blue-laser DVD.
13. The backup disc of claim 2 wherein determining data for storing to the back-up disc comprises selecting data that has not been identified as transferred.
14. The backup disc of claim 4 wherein only media files are selected for storing.
15. The backup disc of claim 5 wherein only video files are selected for storing.
16. The backup disc of claim 2 wherein transferring the data to the backup disc includes writing the data to the backup disc.
17. The backup disc of claim 7 wherein the backup disc is ejected when the disc is filled with the data.
18. The backup disc of claim 8 further comprising prompting a user to insert a data-empty backup disc after the data-filled backup disc is ejected.

19. A system for archiving data in a computer to a high-density optical backup disc comprising:

means for reading an executable command from a back-up disc;

means for determining data to store to the back-up disc responsive to the

command;

means for transferring the data to the backup disc; and

means for identifying the data transferred to the backup disc.